

Experience Rapid Relief From Grief

Do you feel
overwhelmed with grief?
Do you feel nauseous?
Are you unable to eat?



Unable to sleep?
Feeling lost and alone?
Desperate for relief?

You can Experience Rapid Relief Now!

Through a simple technique known as EFT, or Emotional Freedom Technique. My Understanding of just how profound EFT could be, came when my brother died unexpectedly.

I found myself sinking, deeper and deeper, into grief, sadness, nausea and fatigue. I kept thinking it would pass, but it just got worse.

At one point, I was actually starting to get scared. I was home alone, and was so fatigued I didn't think I could even make it to the phone to ask someone to pray for me. And, I literally felt that if I said out loud, "My brother died," then I would die from grief.

I quickly prayed saying, "I'm sinking here God. I need help." Immediately I remembered EFT. I also remembered how to do it. I thought it might be the answer I had prayed for so I quickly did a brief 'round' of EFT for the emotions and physical symptoms I was feeling. It took about two minutes, and by the time I was done, I felt complete relief.

I was shocked!

*Of course I still wished that my brother was still alive,
but I had no sensation of grief, sadness, fatigue or nausea.
I felt completely normal.*

Since then I have worked with others who were experiencing grief, who also found EFT to be profoundly effective. I offer EFT coaching, for grief relief, on a donation basis. Sessions are generally conducted over the phone.

Call for more information.

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My normal EFT coaching days are Monday-Friday. 10:00 am – 6:00 pm Pacific Time
However, for grief coaching only, I am also available on weekends.

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